

# GVS REPORT

September and October

## New Members

New members continue to flood in, continuing a fantastic recent trend. Some names on this list may be familiar as they joined immediately after I sent the last e-mail.

A big welcome to Andy Bell, Carolyn Bell, Steve Gelder, Richard Ruston, Kasia Szalecka, Vee Walsh, Kate Gardiner and Mark Thompson.

Lots of new members have commented on the warm welcome they have received.

## Membership fees

Monies are due at the end of February 2019, however, if you know anyone who wants to join in the meantime, the price until then is £17.50, including UKA membership and club vest.

## Vests

We have a new supplier for vests (the same company which made the RBC 2019 t-shirts). The cost is £6 per vest and an order has been made for 70 new ones. Anyone who hasn't already said they want one, please let me know.



## Where to begin...

The trouble with putting a report off for a week is someone else goes and achieves something else, so the original report you had in mind quickly becomes redundant.

And that's what's happened here. First it was the Great North Run – remember that, way back when? Then came the Hull Marathon, Steve Tether, 3.08. Report written but not sent. Now Matt Shillings third in the Cross Country. Then the York Marathon. Dave McKinnon, 2.56. But what about Steve? And what about the Great North Run, and York 10-mile and Scarborough 10k and Axh.. Ah.

So, to sum up, lots of people have done some fantastic things over the last few weeks.

Here we go:

The Great North run had a fantastic Goole turnout, though due to number swapping on the black market, I can't correctly tell you everyone who ran as the results aren't available on the website!

On the same day, there were PBs at the Vale of York half-marathon with Wayne Gardiner, Robin Williams (club debut), James Williamson, Emma and Clare Tune in action.

Then it was Cusworth 10k, Martin Booth first back for Goole in 40.45, before Steve Tether stole the show at Hull Marathon with a fantastic time of 3:08:39, earning him GFA for London 2020. Harry Patrick also ran well, under four hours.



## Social events

There's a bingo & curry night with legs 11 Richard Bramham on the mic on November 7 at the Rugby Club, 8pm start, £5 including tickets. Please let Sophie Booth know if you can attend. Phiippa Oldridge in charge of the prizes.

## Classified times

Vale of York Half: W Gardiner (96:11), R Williams (98:47), J Williamson (100:18), E Tune (101:28), (101:30).

Cusworth 10k: M Booth (40:45), J Masterman (42:59), M Clarke (45:28), N Stead (47:08), D Andrew (53:54), J Mouncey (57:37), C Blythe (63:41).

Scarborough 10k: A Masterman (39:16), J Williamson (41:04), P Harness (41:33), W Gardiner (41:36), J Masterman (41:55 2<sup>nd</sup> in cat), E Tune (44:13), M Clarke (46:33), S Whitlam (47:29), N Stead (48:43), C Tune (49:16), P Oldridge (51:38), S Booth (58:26), P Shillings (59:10), C Blythe (64:21), E Johns (75:21).

York 10m: M Booth (66:21), W Gardiner (69:06), K Szalecka (74:46), P Oldridge (85:02), S Booth (99:51), R O'Brian (111:23), E Johns (120:31).

Bridlington HM: S Lumley (85:26), J McFaul (92:03), J Masterman (92:19 1<sup>st</sup> in cat), M Johns (100:19), P Brewer (136:17).

Isle of Axeholm HM: M Downer (98:29).

York Mara: D McKinnon (2:56:53), S Lumley (3:05:09), S Cowling (3:19:21), P Harness (3:21:21), M Clarke (3:53:09), N Stead (4:08:13), A Hoggarth (4:43:44).

Hull Mara: S Tether (3:08:39), H Patrick (3:52:07).

Manchester Half: M Johns (96:06), D Maddison (99:05).

Steve's time earned him a place on the GVS top-20 marathon times for men and was going to lead off the report, then Dave McKinnon decided to go under three hours at York and go 10th on the overall board with a stunning time of 2:56:53.

Stef Lumley joined him with a fantastic 3:05:09 to go 19th overall. Also running well on the day were Steve Cowling, Pat Harness, Matt Clarke - who rounded off a fantastic year of fundraising in memory of his grandparents - Alison Hoggarth and Neil Stead, who celebrated his first marathon and forthcoming retirement by booking another marathon. Look out, Dave.

On a horrible, wet day in York there were 10-mile PBs for Martin Booth, Wayne Gardiner and Philippa Oldridge, while Kasia Szalecka recorded 74:46 to go seventh on the club's all-time list for women. Sophie Booth, Rachael O'Brian and Emma Johns all ran well.

Scarborough 10k saw a strong club turnout, Andy Masterman leading the way with 39:16 and wife Julie second in her age category in 41:55. There were 10k PBs for Wayne Gardiner and Emma Tune.

Staying on the coast, Stef Lumley was first for Goole at the Bridlington half in 85:26, Jonny McFaul, Julie Masterman (first in age category) making up the top three, with Mark Johns and Paul Brewer also in action.

Martin Downer ran a fantastic 98:29 at the Axeholm half, and there were 13.1 PBs in Manchester for Mark Johns (96:06) and David Maddison (99:05).

I've definitely missed someone out, and some races out - sorry, it's not deliberate! Please flag any glaring errors!!

## Cross Country Update

There was a strong start to the XC season on September 30, particularly for the women who sit third in the table after points from Emma Tune, Kasia Szalecka and Mel Walker. For the men, Matt Shillings was third overall in the race, fresh off a boat from Amsterdam no less, with Richard Ruston second on his debut for the club. Jonny McFaul, James Williamson, Martin Midgley and Rich Bramham completed the points.

Remaining fixtures are below: New members, please speak to Rich Bramham if you wish to compete.

 11 Nov: Drewton Woods, 2 Dec: Langdale End, 6 Jan: Sledmere, 10 Feb: Welton, 3 Mar: Sewerby